

| Calendrier Prévisionnel AIKIDO - Saison 2025 - 2026     |   |                                              |           |   |  |           |   |  |           |   |                                 |            |   |                             |            |   |  |           |   |  |           |   |                                 |          |   |                           |           |   |                                              |            |   |  |           |   |                          |
|---------------------------------------------------------|---|----------------------------------------------|-----------|---|--|-----------|---|--|-----------|---|---------------------------------|------------|---|-----------------------------|------------|---|--|-----------|---|--|-----------|---|---------------------------------|----------|---|---------------------------|-----------|---|----------------------------------------------|------------|---|--|-----------|---|--------------------------|
| Arts Martiaux des Garrigues (Nîmes-Poulx-Saint Gervasy) |   |                                              |           |   |  |           |   |  |           |   |                                 |            |   |                             |            |   |  |           |   |  |           |   |                                 |          |   |                           |           |   |                                              |            |   |  |           |   |                          |
| sept. 2025                                              |   |                                              | oct. 2025 |   |  | nov. 2025 |   |  | déc. 2025 |   |                                 | janv. 2026 |   |                             | févr. 2026 |   |  | mars 2026 |   |  | avr. 2026 |   |                                 | mai 2026 |   |                           | juin 2026 |   |                                              | juil. 2026 |   |  | août 2026 |   |                          |
| 1                                                       | L | 23 août stage prérentée Poulx                | 1         | M |  | 1         | S |  | 1         | L |                                 | 1          | J |                             | 1          | D |  | 1         | D |  | 1         | M |                                 | 1        | V |                           | 1         | L |                                              | 1          | M |  | 1         | S |                          |
| 2                                                       | M | 30 août Forum des Assos Poulx                | 2         | J |  | 2         | D |  | 2         | M |                                 | 2          | V |                             | 2          | L |  | 2         | L |  | 2         | J |                                 | 2        | S |                           | 2         | M |                                              | 2          | J |  | 2         | D |                          |
| 3                                                       | M |                                              | 3         | V |  | 3         | L |  | 3         | M |                                 | 3          | S |                             | 3          | M |  | 3         | M |  | 3         | V |                                 | 3        | D |                           | 3         | M |                                              | 3          | V |  | 3         | L |                          |
| 4                                                       | J |                                              | 4         | S |  | 4         | M |  | 4         | J |                                 | 4          | D |                             | 4          | M |  | 4         | M |  | 4         | S |                                 | 4        | L |                           | 4         | J |                                              | 4          | S |  | 4         | M |                          |
| 5                                                       | V |                                              | 5         | D |  | 5         | M |  | 5         | V |                                 | 5          | L |                             | 5          | J |  | 5         | J |  | 5         | D |                                 | 5        | M |                           | 5         | V |                                              | 5          | D |  | 5         | M |                          |
| 6                                                       | S |                                              | 6         | L |  | 6         | J |  | 6         | S |                                 | 6          | M |                             | 6          | V |  | 6         | V |  | 6         | L |                                 | 6        | M |                           | 6         | S |                                              | 6          | L |  | 6         | J |                          |
| 7                                                       | D |                                              | 7         | M |  | 7         | V |  | 7         | D | St Aikido Nîmes<br>Luc Mathevet | 7          | M |                             | 7          | S |  | 7         | S |  | 7         | M |                                 | 7        | J |                           | 7         | D |                                              | 7          | M |  | 7         | V |                          |
| 8                                                       | L |                                              | 8         | M |  | 8         | S |  | 8         | L |                                 | 8          | J |                             | 8          | D |  | 8         | D |  | 8         | M |                                 | 8        | V |                           | 8         | L |                                              | 8          | M |  | 8         | S |                          |
| 9                                                       | M |                                              | 9         | J |  | 9         | D |  | 9         | M |                                 | 9          | V |                             | 9          | L |  | 9         | L |  | 9         | J |                                 | 9        | S |                           | 9         | M |                                              | 9          | J |  | 9         | D |                          |
| 10                                                      | M |                                              | 10        | V |  | 10        | L |  | 10        | M |                                 | 10         | S |                             | 10         | M |  | 10        | M |  | 10        | V |                                 | 10       | D |                           | 10        | M |                                              | 10         | V |  | 10        | L |                          |
| 11                                                      | J |                                              | 11        | S |  | 11        | M |  | 11        | J |                                 | 11         | D |                             | 11         | M |  | 11        | M |  | 11        | S |                                 | 11       | L |                           | 11        | J |                                              | 11         | S |  | 11        | M |                          |
| 12                                                      | V |                                              | 12        | D |  | 12        | M |  | 12        | V |                                 | 12         | L |                             | 12         | J |  | 12        | J |  | 12        | D |                                 | 12       | M |                           | 12        | V |                                              | 12         | D |  | 12        | M |                          |
| 13                                                      | S | Forum des assos St Ger                       | 13        | L |  | 13        | J |  | 13        | S |                                 | 13         | M |                             | 13         | V |  | 13        | V |  | 13        | L |                                 | 13       | M |                           | 13        | S | Fête de l'Aikido<br>Concours de dessin Poulx | 13         | L |  | 13        | J |                          |
| 14                                                      | D |                                              | 14        | M |  | 14        | V |  | 14        | D |                                 | 14         | M |                             | 14         | S |  | 14        | S |  | 14        | M |                                 | 14       | J |                           | 14        | D |                                              | 14         | M |  | 14        | V |                          |
| 15                                                      | L |                                              | 15        | M |  | 15        | S |  | 15        | L | semaine Evaluation grades       | 15         | J |                             | 15         | D |  | 15        | D |  | 15        | M |                                 | 15       | V |                           | 15        | L |                                              | 15         | M |  | 15        | S |                          |
| 16                                                      | M |                                              | 16        | J |  | 16        | D |  | 16        | M |                                 | 16         | V |                             | 16         | L |  | 16        | L |  | 16        | J |                                 | 16       | S |                           | 16        | M |                                              | 16         | J |  | 16        | D |                          |
| 17                                                      | M |                                              | 17        | V |  | 17        | L |  | 17        | M |                                 | 17         | S | Cérémonie des grades St Ger | 17         | M |  | 17        | M |  | 17        | V |                                 | 17       | D |                           | 17        | M |                                              | 17         | V |  | 17        | L |                          |
| 18                                                      | J |                                              | 18        | S |  | 18        | M |  | 18        | J |                                 | 18         | D |                             | 18         | M |  | 18        | M |  | 18        | S |                                 | 18       | L | semaine Evaluation grades | 18        | J |                                              | 18         | S |  | 18        | M |                          |
| 19                                                      | V |                                              | 19        | D |  | 19        | M |  | 19        | V |                                 | 19         | L |                             | 19         | J |  | 19        | J |  | 19        | D | St Aikido Nîmes<br>Luc Mathevet | 19       | M |                           | 19        | V |                                              | 19         | D |  | 19        | M |                          |
| 20                                                      | S |                                              | 20        | L |  | 20        | J |  | 20        | S |                                 | 20         | M |                             | 20         | V |  | 20        | V |  | 20        | L |                                 | 20       | M |                           | 20        | S |                                              | 20         | L |  | 20        | J |                          |
| 21                                                      | D |                                              | 21        | M |  | 21        | V |  | 21        | D |                                 | 21         | M |                             | 21         | S |  | 21        | S |  | 21        | M |                                 | 21       | J |                           | 21        | D |                                              | 21         | M |  | 21        | V |                          |
| 22                                                      | L |                                              | 22        | M |  | 22        | S |  | 22        | L |                                 | 22         | J |                             | 22         | D |  | 22        | D |  | 22        | M |                                 | 22       | V |                           | 22        | L |                                              | 22         | M |  | 22        | S | Stage de prérentée Poulx |
| 23                                                      | M |                                              | 23        | J |  | 23        | D |  | 23        | M |                                 | 23         | V |                             | 23         | L |  | 23        | L |  | 23        | J |                                 | 23       | S |                           | 23        | M |                                              | 23         | J |  | 23        | D |                          |
| 24                                                      | M |                                              | 24        | V |  | 24        | L |  | 24        | M |                                 | 24         | S |                             | 24         | M |  | 24        | M |  | 24        | V |                                 | 24       | D |                           | 24        | M |                                              | 24         | V |  | 24        | L |                          |
| 25                                                      | J |                                              | 25        | S |  | 25        | M |  | 25        | J |                                 | 25         | D |                             | 25         | M |  | 25        | M |  | 25        | S |                                 | 25       | L |                           | 25        | J |                                              | 25         | S |  | 25        | M |                          |
| 26                                                      | V |                                              | 26        | D |  | 26        | M |  | 26        | V |                                 | 26         | L |                             | 26         | J |  | 26        | J |  | 26        | D |                                 | 26       | M |                           | 26        | V |                                              | 26         | D |  | 26        | M |                          |
| 27                                                      | S |                                              | 27        | L |  | 27        | J |  | 27        | S |                                 | 27         | M |                             | 27         | V |  | 27        | V |  | 27        | L |                                 | 27       | M |                           | 27        | S |                                              | 27         | L |  | 27        | J |                          |
| 28                                                      | D | Journée du Sport gardois<br>Mejannes-le-Clap | 28        | M |  | 28        | V |  | 28        | D |                                 | 28         | M |                             | 28         | S |  | 28        | S |  | 28        | M |                                 | 28       | J |                           | 28        | D |                                              | 28         | M |  | 28        | V |                          |
| 29                                                      | L |                                              | 29        | M |  | 29        | S |  | 29        | L |                                 | 29         | J |                             |            |   |  | 29        | D |  | 29        | M |                                 | 29       | V |                           | 29        | L |                                              | 29         | M |  | 29        | S |                          |

|      |  |  |  |      |  |  |  |      |  |  |  |      |  |  |  |      |  |  |  |  |  |  |  |      |  |  |  |      |  |  |      |      |  |  |  |      |  |  |  |      |  |  |  |      |  |  |  |  |
|------|--|--|--|------|--|--|--|------|--|--|--|------|--|--|--|------|--|--|--|--|--|--|--|------|--|--|--|------|--|--|------|------|--|--|--|------|--|--|--|------|--|--|--|------|--|--|--|--|
| 30 M |  |  |  | 30 J |  |  |  | 30 D |  |  |  | 30 M |  |  |  | 30 V |  |  |  |  |  |  |  | 30 L |  |  |  | 30 J |  |  |      | 30 S |  |  |  | 30 M |  |  |  | 30 J |  |  |  | 30 D |  |  |  |  |
|      |  |  |  |      |  |  |  |      |  |  |  |      |  |  |  |      |  |  |  |  |  |  |  |      |  |  |  |      |  |  |      |      |  |  |  |      |  |  |  |      |  |  |  |      |  |  |  |  |
|      |  |  |  | 31 V |  |  |  |      |  |  |  | 31 M |  |  |  | 31 S |  |  |  |  |  |  |  | 31 M |  |  |  |      |  |  | 31 D |      |  |  |  |      |  |  |  |      |  |  |  |      |  |  |  |  |